

# COUNTRY LANE SENIORS/ GRAND RESERVE

## Our Teammates

Country Lane Office ..... (254) 771-2900  
Community Manager ..... Joe Lugo  
Assistant Managers ..... Annie & Tori  
Maintenance ..... Carrie & Lorenzo  
Kitchen-Sherri ..... (254) 931-1290  
Beauty Salon-Della ..... (254) 718-8102  
Beauty Salon-Heather ..... (254) 534-1444

**WELCOME BACK THE INISH FREE  
DANCERS GRAND RESERVE  
BALLROOM AT 12:00 PM  
MARCH 11TH**

**ALL ARE WELCOME WITH LIGHT  
REFRESHMENTS FROM SUGAR AND  
SPICE CATERING**



**MARCH 29TH GOOD FRIDAY THE  
OFFICE WILL BE CLOSED TO SPEND  
TIME WITH OUR FAMILIES**

**March 2024**



## A Better You

Taking care of yourself mentally can lower stress levels and risk of illness, leading to better physical health and increased energy. You are never done growing as a person, so do all you can to continue to learn, challenge yourself, prioritize your well-being and focus on the positive.



## Stay Safe From IRS Scams

With federal taxes due soon, it's prime time for phony calls from people pretending to be IRS employees. Don't be alarmed if you receive an unexpected phone call, voicemail or email demanding that you pay money. If the IRS needs to contact you, it will always mail you a letter first. Additionally, the IRS will never ask for payment details over the phone, or pressure you to pay tax bills with a prepaid debit card or gift card.



**Time Change**  
Daylight saving time begins at 2 a.m. on the second Sunday in March. Be sure to “spring forward” the night before by setting your clocks an hour ahead, and consider going to bed early to help you rise and shine on Sunday morning instead of sleeping in.



Sunday	Monday	Tuesday
		
<div>3</div> <div>Spring is in the air</div>	<div>4</div> <div>HAPPY BIRTHDAY DONNA BRANNON</div> <div>8:00 VALET TRASH PICKUP 10:30 CHAIR EXERCISES 1:00-MOVIE MAESTRO</div> <div>2:30-WII IN BALLROOM 3:00- SELF CARE AREA AGENCY DOOR PRIZE 4:00-LINE DANCING</div>	<div>5</div> <div>HAPPY BIRTHDAY NELDA BEIMER</div> <div>ROBIN CIRILLO</div> <div>EVELYN WARWICK 10:30 SENIOR EXERCISES 1:00- MOVIE - FALLING FOR FIGARO</div> <div>3:00-ROOT BEER FLOATS WITH ASPEN</div>
<div>10</div> <div>HAPPY BIRTHDAY JUDY SAMPSON</div> <div>DARRELL ZIESCHANG</div> <div>DAYLIGHT SAVING TIME</div> <div>DON'T FORGET THE TIME</div> <div>MOVES AN HOUR AHEAD</div>	<div>11</div> <div>HAPPY BIRTHDAY ELAINE PAPIER</div> <div>8:00 VALET TRASH PICKUP</div> <div>10:30 CHAIR EXERCISES 12:00-WELCOME BACK IRISH DANCERS IN THE BALLROOM NO MOVIE TODAY 2:30-WII IN BALLROOM 4:00-LINE DANCING</div>	<div>12</div> <div>10:30 SENIOR EXERCISES</div> <div>10:30-CAR-FIT PRESENTATION FOR SENIORS CLASS THAT HELPS YOU TO BE SAFE WITH YOUR CAR SIGN-UP SHEET COFFEE SHOP 1:00- MOVIE- BLUEBACK</div>
<div>17</div> <div> HAPPY ST. PATRICK'S DAY</div>	<div>18</div> <div>8:00 VALET TRASH PICKUP</div> <div>10:30 CHAIR EXERCISES</div> <div>1:00-MOVIE - COLOMBIAN</div> <div>2:30-WII IN BALLROOM 3:00-SNACK SOCIAL WITH MERCY HOUSE KIM 4:00-LINE DANCING</div>	<div>19</div> <div>FIRST DAY OF SPRING HAPPY BIRTHDAY HEATHER GONZALES</div> <div>10:30-CAR-FIT YOUR CAR IN THE Country Lane Parking Lot 10:30 SENIOR EXERCISES 1:00- MOVIE - MADE IN ITALY 3:00-BINGO ENHABIT WITH CARY</div>
<div>24/31</div> <div>24th PALM SUNDAY</div> <div>24th HAPPY PURIM DAY</div> <div>31ST EASTER</div>	<div>25</div> <div>HAPPY BIRTHDAY CARRIE FLORES</div> <div>8:00 VALET TRASH PICKUP 10:30 CHAIR EXERCISES</div> <div>1:00-MOVIE - THE LAST AIRBENDER</div> <div>2:30-WII IN BALLROOM</div> <div>4:00-LINE DANCING</div>	<div>26</div> <div>10:30 SENIOR EXERCISES</div> <div>1:00- MOVIE - QUEEN BEES</div> <div>1:30-SIMPLE STEPS TO PREVENT FALLS WITH HUMANA IN COFFEE SHOP</div>







## Wednesday

## Thursday

## Friday

## Saturday

		<b>HAPPY BIRTHDAY</b> 1 <b>EMMA FERLET</b> <b>CAROLYN JOHNSTON</b> <b>BESSIE</b> <b>MCDONALD-PERKINS</b> 10:30 CHAIR EXERCISES 11:30-SNACK SOCIAL WITH SONIA HEAVENLY HELPER <u>1:00-MOVIE -</u> <u>BIRD ON THE WIRE</u>	<b>SATURDAY</b> 2 IS A GREAT DAY TO RELAX
<b>HAPPY BIRTHDAY</b> 6 <b>FAITH TURNER</b> <b>LOVIE WILLIAMS</b> 10:30 CHAIR EXERCISE <b>11:00 BIBLE STUDY</b> <u>1:00 MOVIE -</u> THE COWGIRL SONG <b>2:00-BINGO WITH</b> <b>GUARDBOX STORAGE</b>	<b>HAPPY BIRTHDAY</b> 7 <b>JESSICA DOLLENS</b> 8:00 VALET TRASH PICKUP 10:30 SENIOR EXERCISE <b>12:30-PAINTING</b> WITH LIBRARY IN CRAFT ROOM <u>1:00 MOVIE -</u> THE PERFECT FIND <b>3:00-BINGO WITH</b> <b>HARBOR HOSPICE</b>	<b>HAPPY BIRTHDAY</b> 8 <b>EVE MAYES</b> <u>10:30 CHAIR EXERCISES</u>  <u>1:00-MOVIE - THE</u> <u>POSTCARD KILLINGS</u>  <b>2:00-MONTHLY BIRTHDAY</b> <b>WITH LORENA FROM</b> <b>BLUEBONNET</b>	
<b>HAPPY BIRTHDAY</b> 13 <b>DIANE ENGERT</b> 10:30 CHAIR EXERCISE  <b>11:00 BIBLE STUDY</b>  <u>1:00 MOVIE -</u> <b>JOURNEY TO BETHLEHEM</b> 3:00-BINGO <b>STONEBROOK</b> <b>WITH SAMANTHA</b>	14 <b>8:00 VALET TRASH PICKUP</b>  10:30 SENIOR EXERCISE  <u>1:00 MOVIE - RUSTIN</u>  <b>2:00-BINGO</b> <b>CREEKSIDE TERRACE</b> <b>WITH JOELLY</b>	<b>HAPPY BIRTHDAY</b> 15 <b>PAUL ROCHA</b> <u>10:30 CHAIR EXERCISES</u>  <u>1:00-MOVIE- DAMSEL</u>  <b>2:00-UNITED HEALTHCARE</b> <b>MEDICARE 101 TALK WITH</b> <b>DON</b> <b>3:00-BINGO WITH DON</b>	16 <u>HAPPY BIRTHDAY</u>   <u>SHIRLEY ALEXANDER</u>   <u>PATSY TOVAR</u>
<b>HAPPY BIRTHDAY</b> 20 <b>PATRICIA CEARLEY</b>  10:30 CHAIR EXERCISE <b>11:00 BIBLE STUDY</b> <u>1:00 MOVIE - WAVES</u>  <b>3:00-HEALTHY SNACKS</b> <b>WITH HARBOR HOUSE</b> <b>REBECCA</b>	<b>HAPPY BIRTHDAY</b> 21 <b>LINDA HILL</b>  8:00 VALET TRASH PICKUP 10:30 SENIOR EXERCISE <u>1:00 MOVIE - MEA CULPA</u>  <b>2:00-LEFT RIGHT CENTER</b> <b>BLUEBONNET WITH LORENA</b>	22 <u>10:30 CHAIR EXERCISES</u>    <u>1:00-MOVIE- QUEENPINS</u>  <b>3:00-BINGO CORNERSTONE</b> <b>WITH TOMMI</b>	23 
<b>HAPPY BIRTHDAY</b> 27 <b>MARY DAINS</b>  10:30 CHAIR EXERCISE <b>11:00 BIBLE STUDY</b> 1:00-PERSONAL SAFETY WITH TEMPLE POLICE DEPT IN COFFEE SHOP  <u>1:00 MOVIE -THE HILL</u>	<b>HAPPY BIRTHDAY</b> 28 <b>CHARLOTTE BALES</b> 8:00 VALET TRASH PICKUP  10:30 SENIOR EXERCISE <b>12:00-BOOKMOBILE</b> <b>IN BALLROOM</b> <b>1:00 MOVIE - LIFT</b> 3:00-LINE DANCING PERFORMANCE IN BALLROOM	29 <u>GOOD FRIDAY</u>   <u>OFFICE CLOSED TODAY</u>  <u>NO EVENTS</u>  <u>NO MOVIES</u>	30 <u>HAPPY BIRTHDAY</u>   <u>CHARLES CHRISTOPHER</u>  <u>AARON MCDONALD</u>  <u>HELEN SIMCIK</u>  <u>NATIONAL DOCTOR'S DAY</u>

# March 2024



COUNTRY LANE/GRAND RESERVE CAMPUS IS AN INDEPENDENT LIVING COMMUNITY. WE ARE NOT LIABLE OR RESPONSIBLE FOR YOUR ILLNESSES, CARE, ACCIDENTS OR FALLS. TAKE SPECIAL CARE DURING WET AND WINDY WEATHER SEASONS, AS WELL AS IN MAINTENANCE AND CLEANING AREAS.

PLEASE REFER TO YOUR SECURITY GUIDELINES AND NOTICES, AS CRIME CAN HAPPEN ANYWHERE WITH AND WITHOUT POLICE REPORTS.

SMOKING IS STRICTLY PROHIBITED AND IS NOT ALLOWED ANYWHERE ON OUR CAMPUS!

IN CASE OF ANY EMERGENCY, ALWAYS CALL 911. FOR AFTER-HOURS EMERGENCY MAINTENANCE, CALL (254) 771-2900, THEN FOLLOW THE PROMPTS.

NON-EMERGENCY POLICE, CALL (254) 298-5500.

TEMPLE ANIMAL CONTROL, CALL (254) 298-5732.

Even though we love animals, it is our policy and city ordinance that all pets must be on leashes while outside your apartment, except when you are in our pet park. Cats and dogs may not freely roam our property, breezeways, or community at any time. You must clean up after your pet. If accidents happen in our elevators, it is your responsibility to mop up the mess!! If you notice a loose animal, please call animal control to pick up the animal at (254) 298-5500. You may also call 911.